

SO, WHAT IS

HAZING?

Definition of Hazing: "any activity expected of someone joining or participating in a group that humiliates, degrades, abuses, or endangers them regardless of a person's willingness to participate."^{2,4}

It includes three key components:

1. It occurs in a group context
2. Humiliating, degrading, or endangering behavior
3. It can happen regardless of an individual's willingness to participate; regardless of consent³

55% of students experienced hazing
BUT ONLY 9%

identified they were hazed or considered themselves to have been when asked directly.²



HAZING CAN TAKE **MANY** FORMS⁶

Humiliation, roast nights, or wearing embarrassing clothing	Being taken to & left at an unknown location	Sleep deprivation and being woken up in the night	Greeting others in a specific manner
Expecting items to always be in one's possession	Threats, implied threats, verbal abuse, & assigning demerits	Water intoxication or forced ingestion of substances	Making prank calls or harassing others

WHERE CAN IT HAPPEN?

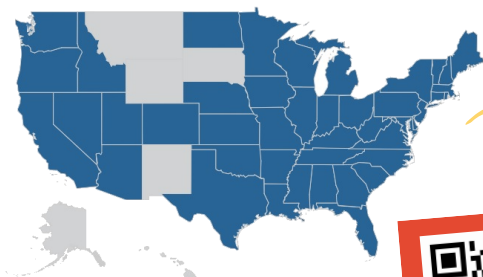
Hazing happens at colleges and universities AND middle and high schools. Some common places are:

- Varsity Athletic Team
- Social Fraternity or Sorority
- Club Sports
- Performing Arts Organization
- Service Fraternity or Sorority
- Intramural Team
- Recreation Club
- Academic Club
- Honor Society²



STATE LAWS & HAZING POLICY

Although **44 of the 50 states** have anti-hazing laws in place, the strength and breadth of the laws vary significantly.⁷ Familiarize yourself with the law in your state and **your campus policy**.



Scan here to see your state's laws



IS HAZING EFFECTIVE FOR GROUP BONDING?

NO!

- 82%** of students agreed that "Hazing is not an effective way to create bonding."¹
- 86%** of students agreed that "Hazing is not an effective way to initiate new members."¹
- 96.6%** of students agreed that "I do not need to be hazed to feel like I belong to a group."¹

WAYS TO BUILD HEALTHY GROUPS & TEAMS

- Participate in community service projects together
- Identify common times for new and returning members to hang out (e.g., group meals, studying, working out)
- Visit a challenge course led by professionals to work on communication and leadership skills
- Utilize campus resources to promote scholarship
- Strengthen problem solving skills through team building activities
- Work on personal development through activities like vision boards, goal setting, etc.⁵



WANT MORE INFO? GO TO STOPHAZING.ORG

CAMPUS RESOURCES:

Hazing Prevention:

Learn more about hazing prevention efforts at MIT:



How to Report:

If you have witnessed or have knowledge of a possible hazing incident, please fill out the confidential online reporting form:



Campus Hazing Policy:

MIT prohibits hazing by individuals or groups. Read more about MIT's Hazing Policy:



INFORMATION SOURCES

1. Allan, E. J., Kerschner, D., & Payne, J. (2019) College Student Hazing Experiences, Attitudes, and Perceptions: Implications for Prevention, Journal of Student Affairs Research and Practice, 56(1), 32-48, DOI: 10.1080/19496591.2018.1490303
2. Allan, E. J., Madden, M. (2008) Hazing in View: College Students at Risk Initial Findings from the National Study of Student Hazing. <https://stophazing.org/research/national-hazing-study-hazing-in-view/>
3. Allan, E., Payne, J., & Kerschner, D. (2015). "We Don't Haze" A Companion Prevention Brief For General Audiences. https://stophazing.org/wp-content/uploads/2020/12/We_Dont_Haze_Companion_Brief_General.pdf
4. Hoover, N. (1999). National survey of sports teams: Initiation rites in athletics for NCAA sports teams. Retrieved February 9, 2006, from Alfred University Web site: http://www.alfred.edu/sports_hazing/
5. StopHazing Research Lab. (2021). Building Healthy Groups and Teams: Group goals and activities to promote belonging, well-being, and inclusion. <https://stophazing.org/resources/healthy-groups>
6. StopHazing Research Lab. (2020, December). Hazing: The Issue, StopHazing Consulting. <https://www.stophazing.org/issue>
7. StopHazing. (n.d.). States with Anti-Hazing Laws. StopHazing Consulting. <https://stophazing.org/policy/state-laws>

Haze Free MIT
Friends Don't Let Friends Haze

